

Week 1 & Week 2 Small Pool
15:30 to 16:00

Junior Goggles
Shallow End

#	S	T	E	P	#
*					*
*					*
*					*
*					*
#					#

Deep End

16:15 to 17:00
Pool Set Up As above

Week 1 Only - 17:15 to 18:00
Pool Set Up As above
One week only for Pool Assessments

Swim England Guide lines
6.25m² per child in pool

Large Pool

Full Pool	250m ²	40 Children
Half Pool	125m ²	20 Children
1/4 Pool	62.5m ²	10 Children

Small Pool
100m² 16 Children

Applemoor Guide lines

Changing Room	28 Children
One Double Lane	10 Children
One Single Lane	5 Children

Small Pool 5 Children

KEY * Rest Points 2m apart
Teacher Position

Week 1 - Red Group
16:15 to 17:00

*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					
#	Level 1 Graham					Level 3 C Deborah					#
#	Level 1					Level 3 C					#
*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					

17:15 to 18:00

*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					
#	Level 3 B Gemma					Level 3 C - New Deborah					#
#	Level 3A Grace					Level 3 C - New					#
*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					

18:15 to 19:00

*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					
#	Level 3 (New) Graham					Level 3 C/D Gemma					#
#	Level 3 (New)					Level 3 C/D					#
*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					

Week 2 - Blue Group
16:15 to 17:00

*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					
#	Level 2 Grace					Level 4 A/B Emily					#
#	Level 2					Level 4 A/B					#
*	*	*	*	*	*	*	*	*	*	*	*
<- 6 CHILDREN ->						<- 6 CHILDREN ->					

17:15 to 18:00

*	*	*	*	*	*	*	*	*	*	*	*	
<- 10 CHILDREN ->												
Move lane rope over one and add additional lane												
#	Level 4 B Lynne											#
Free Lane												
#	Level 4 A Machaela											#
*	*	*	*	*	*	*	*	*	*	*	*	
<- 10 CHILDREN ->												

18:15 to 19:00

*	*	*	*	*	*	*	*	*	*	*	*	
<- 12 CHILDREN ->												
#	Level 6 - Sean											#
#	Level 7/8 - Chris											#
#	Level 9/10 - Deborah											#
#	Level 5 Machaela											#
*	*	*	*	*	*	*	*	*	*	*	*	
<- 12 CHILDREN ->												

